



You are invited to the launch of

Vital Link

A new group that will give adult mental health service users and carers in Lambeth a chance to influence the services they receive.

What is Vital Link?

Vital Link is the name of a new group that aims to make positive changes to the way adult mental health services in Lambeth are planned and run.

The group is made up of service users and carers using adult mental health services. Members will talk to other service users and carers in Lambeth to find out what they think about the services they receive.

Feedback will be used to help NHS Lambeth improve the services they provide.

Join us to find out more

Join us at this fun event to find out more about Vital Link and how you can get involved.

You'll get the chance to:

- take part in an afternoon of activities
- hear stories from other service users and carers
- tell us what you think about adult mental health services.

There will also be:

- live music and entertainment
- lunch and refreshments provided

Friday 5 March 2010

11.30am – 3pm

Would you like to come?

Let Naomi Graham know by 15 February 2010

Email: naomi.graham@mst-online.org.uk

Telephone: 020 7501 2314

Mobile: 07739 920 927

Places at the event are limited and will be allocated on a first come first served basis.

Lunch will be provided. Please let us know of any dietary requirements.

The building is fully accessible – please let us know if you are a wheelchair user.

Venue

Lambeth ACCORD
336 Brixton Road
London
SW9 7AA

How to get there



Lambeth ACCORD
336 Brixton Road
London
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By tube:

The nearest tube station is Brixton (Victoria line). The venue is a 10 minute walk from the station up Brixton Road towards Kennington.

By bus:

Bus numbers 3, 59, 133, 159 and 333 stop near the venue.

By rail:

Brixton Mainline Station (just behind the tube on Atlantic Road) is connected by a direct train to Victoria and a wide range of South Eastern train services.

By car:

The venue has car parking for disabled badge holders. Please let us know if you need parking when you contact us. There is also limited on street parking nearby.